

# Employee Benefit Extensions

## for the COVID-19 Pandemic



**8** extended time frames for employee benefits

- HIPPA special enrollment period
- COBRA election period
- COBRA premium payment period
- COBRA notices from employees
- Benefit plan claim filing deadlines (FSA, HRA, etc.)
- ERISA Adverse Benefit Determination Appeal Deadline
- ERISA External Review Request Deadline
- Deadline to Submit Additional Information for External Review Request

